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Bangalore Mirror

TEMP Max 30 | Min 18 | Humidity 40% Mainly clear sky Sensex 54,333 | Nifty 16,245 | Gold 52,100 | Silver 68,562 | Dollar 76.42 | Euro 83.20 | GBP 101.09

ROOT CAUSE: **Unscientific and haphazard digging for infra work is damaging taproots of large trees — primary reason for tree falls during monsoon**

STRIKE AT THE ROOTS

'Take note of root-canopy proportion'

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Smart City works are underway across BBMP limits — upgrading footpaths, storm water drains to name a few.

However, it appears the work is not that smart enough when it comes to protecting fully grown trees, according to environmental activists.

Unscientific ways, especially the haphazard digging of Bengaluru Smart City Ltd, the entity responsible, are damaging the taproots of large avenue trees, we are told — the primary reason for tree falls during monsoon season's storms and rainfall, activists pointed out.

A resident of Vasanth Nagar, Ravi Narayanan, noticed recently that an earthmover (JCB) was digging the storm water drain in quite an uncaring manner - totally ignoring the roots of trees along Queen's Road.

The primary root systems of huge trees along the stretch were being disturbed and damaged; this could lead to imbalance of the trees in turn resulting in the trees being uprooted during monsoon season.

Narayanan clicked photographs of the digging when the main roots were being damaged during the ongoing Smart City work.

"Workers have been instructed to guard roots using wooden planks...

— Vinayak Sugur, chief engineer, Smart City

After the residents in and around Queen's Road took note of this unscientific work, tree activists went around and checked the Smart City projects being carried out at other places in the city such as near the Kanteerava Stadium, Silver Jubilee Park Road, Lavelle Road and elsewhere. They believe in the aforementioned places as well the work had damaged taproots of a large number of trees.

CONTINUED ON PAGE 4 »

Reining in covid-19

Bengaluru Urban posts low positivity rate at 0.97%

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The number of covid-19 cases have been consistently dropping in Bengaluru and Karnataka. Over 29 out of the 30 districts reported zero percent covid-19 test positivity rate (TPR), including Bengaluru Urban which saw a low positivity rate at 0.97%.

Among the districts, though Bengaluru Urban has been reporting a higher number of daily cases in comparison, test positivity rate has remained low.

The TPR is the percentage of all coronavirus tests performed that turn out to be positive.

Amongst the 30 districts, Kalaburagi posted the highest TPR at 1.42%, while other districts recorded less than 1%. On March 5, Bagalkote, Bidar, Chikkamagaluru, Koppal, Ramnagara, Vijayapura were at zero percent TPR. Dharwad, Mandya and Chikkaballapur reported TPRs at 0.05%, 0.08% and 0.09% each. The overall positivity rate of the state remained below 1 percent at 0.55%.

The Rapid Antigen Test (RAT) TPR as of March 5 in the state was at 0.49% while RT-PCR test positivity was at 0.58%.

Last month, the overall positivity rate was 7.17%. Over 22 districts had a high TPR at more than 5%. On February 5, Kodagu reported the highest TPR at 14.74%. Mysuru posted 13.59%, Tumakuru recorded 13.55% and Ballari registered TPR at 12.96%.

"TPR in all the states have been seeing

CONTINUED ON PAGE 6 »

3 THINGS TO DO

01 Get artsy

Hobby Station is hosting fun art classes to teach children between five and nine years of age how to draw and colour. All that the participants will need are a good internet connection, pencils, colours, paper and their powerful imagination. These lessons will also focus on teaching children the differences between primary and secondary colours.
Where: Zoom
Register: bookmyshow.com

02 Play time

Shobha De and Lillete Dubey's 'Lockdown Liaisons' captures our varying moods – frustration, loneliness, reminiscing the 'normal', wanting to escape – of 2020. The FLO Bangalore and The Primetime Theatre Company will be staging the english play with a cast that includes renowned actors Ira Dubey and Joy Sengupta. Sounds interesting? Book tickets!
Where: Chowdiah Memorial Hall
When: March 9, 7 pm

03 Learn a new art form

The Rooftop! is organising a workshop on the art of Aipan. This is a ritualistic folk art from the Kumaon region of Uttarakhand. These drawings are made to commemorate auspicious occasions, festivals and even rituals after a death in the family. Raw materials used are geru color and rice paste.
Where: Zoom
When: March 7, 3 pm omwards

Shops in Bengaluru are rationing oil

Retail chains resorting to this measure to limit war-related panic buying

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A prominent retail chain displays notice near cash counter to limit sale of edible oil

The prices of edible oil in Bengaluru have hit an all-time high and shops have started 'oil rationing'. A prominent retail chain displayed new rules at its cash counters. Customers can buy only two one-litre packets in a day. If anyone opts for five or 15-litre cans, they can buy only one.

A personnel of the retail chain told BM, "We are facing a shortage of supply. Hence, we have got orders from the higher ups to regulate the sale of edible oil. It is observed, with increase in edible oil prices, many are panicking and rushing to buy more oil packets. We want to limit panic buying. I hope this is a temporary measure and things may return to normal once the war (Ukraine-Russia) gets over."

Refined sunflower oil is being sold at Rs 175 instead of Rs 130, palm oil costs Rs 155 instead of Rs 120, groundnut oil cost Rs 165, it cost Rs 135 earlier and rice bran oil costs Rs 165 instead of Rs 135. Similarly, sesame oil costs Rs 190 instead Rs 160 and the oil used in poojas costs Rs 135 instead of Rs 150. These are all prices per litre.

The hike is due to a possible shortage in supply of sunflower oil amid the ongoing Russia-Ukraine situation. Crude palm oil prices are rising through the roof. India is the major importer of crude palm oil and meets more than two-thirds of its edible oil needs through imports, of which palm oil accounts for more than 60 per cent.

Although the price rise is visible in the retail market, the edible oil industry has assured the government it will ensure a smooth supply of sunflower and other cooking oils for the next two months.

Recently, a meeting chaired by food and consumer affairs minister Piyush Goyal reviewed the supply situation of cooking oils, including sunflower oil. According to sources, the industry informed the ministry about a declining trend in edible oil prices in the last two days. Retail prices of mustard oil could drop further on arrival of the new mustard crop, it is said.

"During the meeting, the industry informed the minister that there is no shortage of sunflower oil. For March delivery, the first shipment of 1.5 lakh tonnes of sunflower oil had left Ukraine before the war itself and is expected to arrive soon," a source said.

Out of 18 lakh tonnes of edible oil consumption in a month in India, the share of sunflower oil is about 1.5-2 lakh tonnes. Only about one lakh tonnes of sunflower oil are required to meet the demand of hardcore consumers.

Sources said the industry told the ministry there was no need to worry as there are alternatives for sunflower oil in the country in the form of mustard and soybean oils. "Prices of edible oils are cooling down in the last two days and the industry assured the ministry of maintaining a smooth supply and price line," a source said.

The supply will be comfortable in the country over the next two to three months with the arrival of about 11 lakh tonnes of new mustard crop, sources said. Domestic edible oil prices are under pressure taking global cues.

Petrol, diesel prices may rise by Rs 15-22 per litre

Commuting is bound to become expensive as a rise in fuel prices looks imminent once elections get over in the five states. The current hostilities between Russia and Ukraine, along with sustained demand, are expected to keep global crude oil prices in the range of 95 to 125 dollars per barrel in the short term.

Consequently, the geo-political crisis-led global hike in crude oil prices is expected to affect India's domestic prices of petrol and diesel by Rs 15-22 per litre. It is widely expected, OMCs will revise current prices on or after March 7, which is the last day of voting in the ongoing state assembly elections. However, an excise duty cut may dampen the impact on petrol and diesel prices to an extent, but not entirely. At present, India imports 85 per cent of its crude oil. Besides, the cascading effect of higher fuel cost will trigger a general inflationary trend.

-With inputs from agencies

Efforts on to bring 200 stuck in Ukraine: CM

Chief Minister Basavaraj Bommai on Sunday said efforts are on to airlift nearly 200 students from Karnataka who are stranded in the bunkers in Kharkiv in war-torn Ukraine.

"There are 200 students from Karnataka stuck in the bunkers in Kharkiv. The Indian Embassy in Ukraine is working hard to bring them to India. We are also in constant touch with the External Affairs Minister S Jaishankar. Prime Minister Narendra Modi is personally monitoring the rescue operation and efforts are on to bring students to India," Bommai told reporters in Hubballi.

Bommai welcomed Chaithra Gangadhar Saunshi from village Yaraguppi in Kundakol in Dharwad district, who returned from Kharkiv. According to the Chief Minister's Office (CMO), Saunshi was studying in Kharkiv Ukraine when the war broke out between Russia and Ukraine and Kharkiv was among the worst affected places.

Bommai said Indian Embassy has been working to bring back SG Naveen's body, a fourth year medical student in Kharkiv who died in the shelling on March 1

The CMO said Saunshi was holed up in a bunker for a week and then she walked for nine kilometres and reached Poland.

After crossing the Ukraine border the Indian embassy authorities helped her fly to India. After reaching New Delhi she arrived in Karnataka.

Saunshi's parents have thanked the Indian government for bringing their daughter back to the country.

Bommai said there were four people from Dharwad stranded in Ukraine of which two have returned while the remaining two have crossed the Ukraine border.

Regarding bringing back SG Naveen's body, a fourth year medical student in Kharkiv who died in the shelling in Kharkiv on March 1, he said the Indian Embassy in Ukraine has been working there. **-PTI**

Pedal, share, subscribe

Why buy when you can subscribe for cycles? Bengaluru cycles on

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Vehicle subscriptions seem to be the new trend in the City. And if it can happen for cars, can cycles be far behind?

With more people trying to live a sustainable life, cycle subscription schemes are catching up with the people of the city as more of them are opting for partial ownership rather than keeping it permanently.

Pruthvi Gowda, CEO of Gro club, said, "In the last one month we saw about 150 subscriptions. We have a range of up to 15 years where people can subscribe for the cycle, and use it, and they have to pay only 30 per cent of the market price."

Vartika G, a resident of Dasarahalli said, "I recently subscribed a cycle for my son. I think a subscription is a way better option than to purchase it because as my son grows up his need for a bicycle will change and we will have to buy new ones. Hence, the subscription option is very feasible."

Amitha Srinivas, a residnt of Yeshwantpur, said she was thinking of buying a new cycle till recently. "I thought buying a cycle would be a waste of space as well as money. After a while my daughter might shift to a two-wheeler and the cycle will be rendered useless. Since we have spent so much money after it, we would obviously not give it away for free. Even if we are selling it, we will not get a good price. Hence, for me, subscription is always the better option."

"Rather than investing so much money on a new cycle, I subscribed to a cycle for 1 year. If I can make a good number of rides, I will subscribe for next year –Vineet Raj, businessman

People say that they prefer the subscription scheme because they do not have to worry about the maintenance costs of the cycle as the company takes care of that.

So, they would be able to have a hassle-free ride without worrying about things like warranty and repairs.

Not just for kids, people are using the subscription scheme to get the bicycles for themselves as well. Vineet Raj, a businessman staying in Rajajinagar, said, "I like going for cycle rides but due to work pressure I cannot go every day. Hence, rather than investing so much money on a new cycle, I subscribed to a cycle for 1 year. If I am able to make a good number of rides, I will subscribe for the next year as well. It's way better than buying a brand new cycle and regretting not being able to use it every day."

March on

Women and LGBTQI individuals marched on Sunday under the banner of Women March For Dignity, Education, Choice and Peace, organised by Concerned Women+ of Karnataka ahead of International Women's Day

A game of cricket in jail

Parappana Agrahara Central Prison on Sunday organised a friendly cricket match among the prisoners and the staff. The idea was to enhance their bond and to keep the prisoners active.

Authorities at the prison have decided to conduct several such sports events on a monthly basis inside the prison premises to keep everyone engaged.

The authorities made four teams with each consisting 11 members. Two teams had older men and convicts, another team had younger persons, undertrials, while the last team had prison staff. An official from prison said that the match was held between 8 am and 11 pm and the team of staff from the prison won the friendly match and received a trophy.

"It was a friendly match and everyone enjoyed playing and watching the game. We have organised a volleyball match next month for both men and women. Our aim is to keep them engaged in some or the other positive activity so that they stay away from negative thoughts and anti-social elements. This is among the several initiatives taken up by us to reform the convicts and the undertrials so that they could lead a healthy and good lifestyle once they are released from the prison," he said. —BMB

Prison officials come up with sporty idea for inmates

FAKE NEWS BUSTER MIRROR

BOOSTER DOSE WILL NOT IMPAIR IMMUNE SYSTEM

THE CLAIM

On social media, some claims are being spread against booster doses of covid vaccine. Here is one such post on Facebook: "PLEASE, Do not get the boosters! It is destroying your immune system!"

So, what's the truth?

Experts say the claim is false. Many fact-checking organisations have reported that booster shots can only increase immunity to covid. Doctors say that three-dose vaccines are not uncommon in routine adult vaccination against other pathogens. In fact many flu virus vaccines require annual dosing and they have shown no negative impact on the immune system.

BUST FAKE NEWS WITH MIRROR

9591233247

Let's separate the news from the noise, Bengaluru. Tell us about that incredible-sounding story/news/alert that you've received on WhatsApp or social media and Bangalore Mirror researchers and editors will see if it checks out. If it doesn't, we'll call it out

TOPCOMMENTS

Finish the work you have started

Bangalore Mirror's story 'Deadlines, deadlines and more deadlines' has got citizens thinking. @write2ragavan writes on Twitter, work on the football stadium should not be discontinued. It should continue. Football is a game liked by millions of Indians and so the stadium should be completed.Important cities should have stadiums built to encourage this game. @GovindaVijayan writes, Nothing ends in Bengaluru. Flyovers, roads, drains, underpass, metros.. All projects will start and half the way, the contractor might run away, there might be a litigation or a stay order, a change in plans or shortage of funds. Swalpa adjust maadi.

WEBHITS

3 most-read articles on the Mirror site

- Fashion choreographer son held for sending lewd messages to actor
- Cycle lane ? No De facto parking
- Appu's dream girl school coming true

HDFC BANK
Walk-In Interview for GRADUATES
Age: Below 30 years (Male & Female)
Work Location: Across Karnataka
Date: 12/03/2022 | Time: 10.00 AM
Venue: HDFC BANK, No: 3/1, Ground Floor, Rashtrotthana Bhavan, Ward No 77, Nrupathunga Road, Bengaluru, Landmark: Opposite to Reserve Bank of India
The selected candidate will be a full-time employee on the rolls of HDFC Bank.
Documents to carry: All Educational Certificates, PAN, 3 passport size photos. (All Originals & 1set of photocopy)
Kindly register your details on the given link below
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March for better roads

Dug up roads lying untouched for months takes Malleswaram residents out on the streets, they demand immediate action

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Residents of Malleswaram take to streets to protest uneven roads across the neighbourhood

The residents of Malleswaram took out a peaceful march on Sunday morning to protest against the deplorable condition of the roads in their area. As many as 80 people were a part of the protest and the residents considered it to be a major success.

For the last many months and years, the roads in Malleswaram have been dug by authorities like BBMP, BESCOM, BWSSB and other private telecom companies without any proper information as to when the work would end, or which particular authority was responsible for digging the road.

Ravi Acharya, a resident of the area and a member of the protest said, "For the last month and a half the 17th Cross Road was closed down due to the construction work going on. Now, just a few days ago we saw that suddenly the 18th cross road was also closed down because of some construction work going on. It is one of the busiest roads as it connects Malleswaram to Yeshwanthpur and Rajajinagar. Closing down that road would bring about heavy traffic. Nobody has a clue as to what happened or when it is going to stop."

The residents are also worried about the white topping work that is going to take place on Sampige Road as the authorities are planning to shift the buses to 8th Main Road, which is not at all suitable to deal with the heavy traffic owing to its narrow lanes. The authorities are also planning to use the 4th Main to divert traffic which is also not equipped to deal with traffic.

A resident of the area said, "there are schools on 4th main and even 8th main, already parents use the road to pick up and drop their children. If more vehicles are using the road, the traffic will become stagnant, and the entire road will be a mess. No one will be able to move on the road."

The residents are aware that the construction works are necessary to keep the area updated. However, they feel that the entire process would have been much easier if there was transparency and communication on behalf of the authorities.

A resident said, "We don't know who is doing the work. We just see that one fine day someone is digging the road; we don't know which authority is responsible for it. We don't even know whom to ask for information. When we ask the contractors, they say talk to BESCOM to talk to BWSSB. The timeline is not made clear, we have no idea as to when the work would end."

The continuous works have made the playgrounds of the area inaccessible to the people. The work in Sankey tank has been going on for almost three years now and there seems to be an end to it.

Residents have put forth the following demands

- All projects should display the authority responsible, and time required for the work completion
- Coordination among authorities so that roads are not dug again and again along with the usage of good quality materials.
- Ensuring that roads such as the 4th main or the 8th main should be equipped to handle traffic
- Residents should be informed about the upcoming projects and changes in traffic
- Proper communication between municipal authorities and residents
- Footpaths and road bumps should be given as much importance as other roads.

> **If more vehicles are using the road, the traffic will become stagnant, and the entire stretch will be a mess. No one will be able to move on the road**
>
> –A resident

The residents started the march from the 18th cross bus stand and they walked till the office of the MLA, Dr Ashwath Narayan along with posters.

How infra work is uprooting trees

CONTINUED FROM PAGE 1

The project that started in January 2021 had a deadline of completion in six months by June, but it missed several deadlines

Environmentalist and tree activist, Vijay Nishanth said, "they (Smart City) have to do the digging work scientifically by calculating the root-canopy proportion and take utmost care of the main roots which has to be left in place, undisturbed. If it's damaged or cut, it would result in imbalance causing the trees to fall down immaturely."

"This project cannot be called 'smart' as it does not understand the very meaning of a green city or garden city which Bengaluru is often referred to as. Smart City is not leaving any provision for trees or plants to grow in the lung spaces it designs during laying of footpaths. They have to re-check the design and give maximum space for plants and trees which would help walkers and cyclists in the future with shade," Vijay pointed out.

"Bengaluru Smart City Limited, the entity entrusted by the government to carry out long-term reliable beautification work cannot indulge in haphazard work in a non-scientific manner. The work has to be carried out in an eco-friendly way and care has to be taken not to destroy the environment in the name of infrastructure development. If the main roots of a huge tree are damaged on one side, the tree would lose strength and come down eventually in the future damaging infrastructure, property or even resulting in human/animal casualties. Trees in the city are home for urban wildlife and due to the unplanned and non-scientific works including digging and pruning, the so-called development work itself is putting urban wildlife at risk," activist Arun Prasad told BM.

The Smart City project that started in January 2021 had a deadline of completion in six months by June, but it has now missed several deadlines and was finally planned to be finished by February this year. Office of the Deputy Conservator of Forests, Bruhat Bengaluru Mahanagara Palike, had written to the managing director of Bengaluru Smart City (Projects) in July last year stating that trees along the Inner Ring Road require to be pruned scientifically and their roots shall not be uprooted while the work is carried out. "Forest Department had written to Smart City with reference to an RTI application filed by environmental activist Dattatreya T Devare after he observed such unscientific works by government entities," said Prasad.

Bengaluru Smart City (Projects) chief engineer Vinayak Sugur told Bangalore Mirror that workers have been instructed to safeguard the roots of trees while digging work is carried out.

"They have been instructed to guard and protect the taproots using wooden planks during the works. This could have been an individual incident which needs to be checked, and inquired into. Otherwise, all our major works have been finished on Queen's Road," Sugur pointed out.

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Send us a picture along with specific details. And please, no phone calls or spamming

No loo entry
Jayanagar

Two public toilets located on 11th Main in Jayanagar Block 5 for the usage for people coming to the local library and Bengaluru South MP's office are kept locked for many days. This is causing inconvenience to people in the area.

Poster guard
Banashankari

Located in Banashankari Stage 3, a poster that was probably tied up higher from the ground, but has dropped down to a level that it obstructs a commuter's vision. This is posing a risk of visibility of road for oncoming vehicles. Please fix the issue.

Issues galore
Dinnur Main Road

Multiple issues including broken footpath, pipes on footpath and a heap of garbage on Dinnur Main Road is causing misery to passersby. The area stinks through the day. Even after repeated complaints, emails and personal visits to Pulikeshi Nagar MLA Akhanda S Murthy office thrice, the issues remain unresolved.

IMD predicts stronger surface winds in Bengaluru

Officials predict city temperatures will rise as many regions in Karnataka are witnessing sweltering heat already

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The Met department noted an unusual weather phenomenon. Usually, depression is less frequent during summer. However, a depression developed over southwest Bay of Bengal a few days ago. It moved nearly southwestwards and weakened into a well-marked low pressure area over the same region (as on Sunday morning). It is likely to move further south westwards towards the north Tamil Nadu coast and weaken gradually into a low pressure area during the next 24 hours. Officials predicted the temperature in the city will start rising gradually.

Many regions in Karnataka are already witnessing sweltering heat. The coastal city of Karwar has recorded the highest maximum temperature of 37.6 degree Celsius. Although Bengaluru's sky will be clear mainly, it may see mist during early morning hours in some areas.

A rare phenomenon

IMD officials said the deep depression is only the eighth cyclonic disturbance of this nature since 1891. March, April and May are considered as the pre-monsoon months and generally cyclonic disturbances are found more in May but are uncommon in March. Of the seven systems recorded so far in the month of March, only one has crossed Tamil Nadu. The one had turned into a severe cyclonic storm, data showed.

The deep depression is only the eighth cyclonic disturbance of this nature since 1891, data shows

IMD Director General Mrutyunjay Mohapatra said, "A phenomenon called wind shear played a role in this case."

Wind shear means difference of winds in lower layer and upper layer.

"When the cyclonic disturbance reaches near the coast, there will be reduction in sea surface temperature and ocean heat content. Plus, there will be incursion from dry air coming from the landmass of India -- dry and cold air is still prevailing -- which is preventing further intensification of the system."

(With inputs from agencies)

The root cause of forest fires

... is revenge, experts say stressing on need to build rapport with villagers

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The forest department must vigilantly watch out for forest fires as they're a recurrent problem. Wildlife experts said these fires are usually man-made and only one per cent might be caused due to accidental reasons like lightning, burning of cigarettes or friction between dry trees.

According to the experts, the fires are a direct result of conflict between forest officials and villagers and criminals. The forests become a victim of this animosity in the form of 'revenge-fire'.

'Revenge-fire' is often started by disgruntled individuals who intentionally start it in inaccessible areas which often leads to uncontrollable fires.

"Some people seek vengeance against officials for strict forest protection measures or for curbing illegal activities... Sometimes it results from internal rivalry too," said former director of Bandipur Forest, T Balachandra.

"When we caught the miscreants behind the 2019 fires, they confessed they were setting fires to draw attention to the damage caused by tiger and elephants walking into villages and the lack of help from the forest department," said retired forest official Sridhar Punathi.

To mitigate fires, forest watchers are employed from nearby villages by the department. The seasonal employment has turned into a major source of revenue for these villagers and any delay in employment also results in 'revenge-fires'.

Apart from revenge fires, other human interventions like cattle grazers burning dry grass to fasten the growth of green grass, fruit gatherers burning litter around trees and honey collectors using smoke to collect honey are also some causes.

Those behind the 2019 fires confessed they were drawing attention to the lack of help from the forest department

Experts said those behind 'revenge-fires' also incorporate science into their plan. "They take into account wind speed and peak days... Usually, the spots chosen will at least take 1-2 hours to reach and by then the forest fire would have spread beyond control... and the miscreants would have fled. Spots with a lot of litter are chosen and it is executed using elephant dung and incense sticks," said Punathi.

Experts suggest the only solution to protect forests is to build an effective rapport with villagers.

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State covid TPR at 0.55%

CONTINUED FROM PAGE 1

a downward trend as covid numbers came down. It is essential to maintain high testing and keep a track of the positive cases to avoid the spread of infection. Now with normalcy returning and restrictions relaxed, people should not take it easy and should strictly follow covid appropriate behaviour — wear face masks and maintain social distancing," a public health expert noted.

According to the World Health Organisation (WHO), the positivity rate should remain below 5% for at least two weeks before an outbreak can be considered to be under control in a geography — as TPR has been below 5% in all the districts, experts said the situation is indeed under control.

Even in the past seven days, TPR has been below 5% in 29 districts. Bengaluru Urban's TPR in the last seven days has been at 0.77% and the state's TPR at 0.51%.

From February 22 to 28, the state's average TPR for the last seven days has been less than 1%. However on March 2, an increase was reported at 1.05%; the TPR then dropped to 0.51% on March 5.

"With higher vaccination coverage, we saw fewer serious cases during the third wave; hospitalisations were minimal too. Now, with the tests performed at labs, many suspected cases are returning negative.

It is important for people to get both the doses of vaccine and even booster shots. Children should get vaccinated without delay. This will keep severity low," said a doctor at a government hospital.

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MULTIPLE VACANCIES

WALK-IN INTERVIEW

Date: 11.03.2022 (Friday)

1. Senior Engineer (Civil) B.E (Civil) or B.Tech (Civil) with 10 years experience
2. Assistant Engineer (Civil) B.E (Civil) or B.Tech (Civil) with 7 years experience
3. Junior Engineer Civil Diploma (Civil) or B.E (Civil) with 2 to 3 years experience
4. Assistant Manager (Execution) Any degree with 5 to 10 years experience in building constructions
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EV MYTHS BUSTED

EVs are more economical when you consider fuel and maintenance costs

| Prakash VL
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Where have been a number of myths related to electric vehicles. So, let's try to bust some of the myths associated with EVs.

The first myth is that many don't prefer to buy EVs as they are considered as "uneconomical". So, what is the truth? There may be various theories on the economic viability. However, according to e-AMRIT (one-stop portal for creating awareness about electric mobility through Electric Vehicles (EVs) in India), EVs are more economical when you consider fuel and maintenance costs.

Myth#2: It takes too long to charge

Fact: Cars spend over 90 per cent of the time parked. You can plug in your car in this downtime at home to charge it. If you need to charge quickly on the road, fast and rapid chargers are entering the Indian market. Some electric vehicles can charge from 20 to 80 per cent in about half an hour on these chargers.

Myth #3: Electric vehicle batteries will only last a few years

Fact: Electric vehicle batteries last for several years, and many of them will have a life beyond that of the vehicle for storing energy

Myth #4: The emission impacts of an electric vehicle are more than a petrol or vehicle

Fact: Electric vehicles typically have a smaller carbon footprint than Petrol and Diesel Vehicles, even when accounting for the electricity used for charging and the carbon footprint of manufacturing batteries.

Myth#5: Electric vehicles have very low range

Fact: The range of electric vehicles is enough for the typical daily mileage of the average Indian driver.

Myth#6: Electric vehicles are slow and have bad performance

Fact: Electric vehicles perform better Than petrol or diesel vehicles because they are more efficient and have better acceleration

Myth#7: India's electricity grid is not suited for electric vehicles

Fact: Electric vehicles result in a reduction of life-cycle carbon dioxide emissions even with the nt Indian grid fuel

Myth#8: Electric vehicles get damaged in waterlogged areas and are dangerous to charge in the rain

Fact: An undamaged electric vehicle will have water ingress protection. This means that its electrical components are well-sealed and extremely unlikely to provide an electrical hazard

Types of electric vehicles

To get more understanding of EVs, we give details on various type of electric vehicles. According to e-Amrit, there are types of electric vehicles available.

Battery electric vehicle (BEV): These are fully-powered by electricity. These are more efficient compared to hybrid and plug-in hybrids.

Hybrid electric vehicle: The vehicle uses both the internal combustion (usually petrol) engine and the battery-powered motor power train. The petrol engine is used both to drive and charge when the battery is empty. These vehicles are not as efficient as fully electric or plug-in hybrid vehicles.

Plug-in hybrid electric vehicle (PHEV): Uses both an internal combustion engine and a battery charged from an external socket (they have a plug). This means the vehicle's battery can be charged with electricity rather than the engine. PHEVs are more efficient than HEVs but less efficient than BEVs.

Fuel cell electric vehicle (FCEV): Electric energy is produced from chemical energy. For example, a hydrogen FCEV.

Moving towards e-mobility

India is actively inching towards electric mobility and is counting on battery swapping stations as one of the solutions to facilitate the switch from the internal combustion engine (ICE) based vehicles to electric vehicles, said Abhijeet Sinha, Project Director, National Highway for Electric Vehicle (NHEV), on Friday while talking about the commercial viability of battery swapping.

The NHEV Working Group has recently discussed the recommendations for battery swapping units to be installed on NHEV prototype stations in Gurugram and Noida to see the techno-commercial viability, utilisation and breakeven tenure for their investors. The members decided on solutions of battery subscription and swapping to conclude real time exchange and transaction of e2W and e3W batteries for EV users to ascertain their faith in transparency in the swap.

"This is our second prototype station constructed in a record 30 days time for Delhi-Jaipur e-Highway. Two more stations of same size and scale will be installed in Noida within 60 days for Delhi-Agra E-Highway which will conclude the prototype modelling of E-hubs. 30 more E-Highway charging stations will be constructed within a record time of 90 days from their date of allocations to PSUs, private entities", Abhijeet Sinha said. He added that these charging stations are commercially and technically competing with petrol pumps now with 72 per cent utilisation and 36 month breakeven with increased capacity to charge 1,000 cars at this station and 576 cars at Sector 52 station. These simple prototypes have proved that e-highway stations of NHEV will be world class and draw a strong commercial roadmap of E-mobility on Indian highways.

Working Group Chair V K. Saraswat, Member, NITI Aayog congratulated the NHEV Working Group for commissioning two of India's largest charging stations in Gurugram with charging capacity of 1,000 cars in 24 hours and suggested that these stations should be planned in a way to dispense hydrogen to heavy vehicles in the near future. **IANS**

CHARGING POINT

India looking to build mass EV tech

India is looking for an electricity-based technology for mass rapid transportation that is cost effective and such that can be made in the country,

Union Minister for Road Transport & Highways Nitin Gadkari said. "The Ministry plans to undertake the development of ropeways as an alternate transport solution in the hill and congested urban areas. Ropeways, cable cars … and I'm interested in working on the technology of light rail transport," Gadkari said while addressing a US audience here on Friday.

Some of the US companies have also approached him with the technology, he said. 'Rebuilding Infrastructure for India 2.0', a part of 'Reimagining India 2.0 series'. The series of dialogues – a part of Silicon Valley monthly Dialogue (SVD) -- has been launched by the Foundation for India and Indian Diaspora Studies (FIIDS) on the occasion of India-at-75 'Azadi Ka Amrit Mahotsav'. "We are in search of the technology, which can be cost-effective and which we can make in India for mass rapid transport (system) on electricity," Gadkari said as he briefed Indian-Americans from Silicon Valley on the steps India is taking to bolster its physical infrastructure, in particular the transportation system.

The minister said, "US-based companies can collaborate with our research and development reports towards EV factory technology and the retrofitting industry. The government is strongly encouraging solar and the best charging mechanism for electric mobility. The government is working on the battery-swapping policy and standards for EV batteries." **PTI**

 # Grenade attack
A civilian was killed while 24, including a cop, were injured after terrorists hurled a grenade at a locality in Srinagar

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Indian students form a web of hope

Med students abroad join forces, create social media groups to help stranded peers in war-torn Ukraine

#NEW DELHI

Need a cab for four people in Kyiv. Do we know someone in Poland who can drop food packets at the border? A group is starting from Kharkiv, any updates on trains?

Thousands of such messages keep pouring in WhatsApp, Telegram and social media groups created by Indian medical students abroad who have volunteered to help their peers stranded in Ukraine amid the Russian invasion. The volunteering students are studying in China, Uzbekistan and Philippines. While many of them are helping from their university campuses, the others are those who had returned to India in the wake of the covid-19 pandemic and are attending online classes.

As soon as the news of Indian students being stranded in war-hit Ukraine spread, these volunteers sprung into action. "We were connected with some of the medical students in different countries since we went to coaching institutions together before leaving India.

"We also had multiple groups on Whatsapp and Telegram to exchange updates, notes and other information on Foreign Medical Graduate Examination (FMGE), which we are supposed to write to practice in India," P Sharma, a student of China's Harbin Medical University, told PTI.

"When things started going south in Ukraine, we thought why not use these to help our fellow students stranded there. We collated all contacts and shared the group links on social media. Within two days, there were over 5,000 subscribers in the Telegram group and we made it a virtual war room," he added.

Coordinating across time zones, managing hundreds of messages, watching the news to stay abreast of the constantly evolving situation in Ukraine keeps the young volunteers busy.

Refugees from Ukraine rest inside a facility for refugees in Chisinau, Moldova on Saturday

> **We collated all contacts and shared the group links on social media. In two days, there were over 5,000 subscribers in the group and we made it a virtual war room** –P Sharma, student

Another Indian medical student at Cagayan State University in Philippines said the groups receive at least 100 messages every 15 minutes.

"We divided areas among ourselves to ensure that the maximum number of appeals for help are addressed. We reached out to our network for help and also called up embassy officials to seek help on their (stranded students) behalf. Within days, many parents also joined the group to get updates and seek help for their stranded children," she said.

"At times, it takes several hours to address an appeal. But one message from Ukraine that someone has made it safely or help reached in time gives us all the motivation," she added.

Rachita, a fourth-year medical student at Shandong University in China's Jinan city, said some of them take turns to take care of moderator duties and filter out irrelevant content from the groups.

"There are too many messages, news updates and all sorts of information that we have to filter out to ensure that appeals for help by those stranded do not get buried in the deluge of messages," she said. **PTI**

5 BSF personnel dead in fratricidal firing

#AMRITSAR

In a shocking incident of fratricide, five Border Security Force (BSF) personnel were killed on Sunday as one of them opened fire indiscriminately from his service weapon at his colleagues in a fit of rage at the paramilitary camp responsible for manning the India-Pakistan check joint post near Amritsar in Punjab.

The shooter, identified as constable Satteppa SK, was among those who died in the incident.

Officials said the incident was reported at the barracks of the 114 Battalion in Khasa, some 20 km from the Attari-Wagah border.

Sateppa, hailing from Karnataka, allegedly fired at five of his colleagues before shooting himself.

One trooper, who was critically wounded, is undergoing treatment at Guru Nanak Dev Hospital in Amritsar.

The deceased have been identified as Rattan Singh of Jammu and Kashmir, Baljinder Kumar of Panipat in Haryana, Toraskar DS from Maharastra and Ram Binod from Bihar, all head constables.

The body of a BSF personnel being taken for post-mortem

Preliminary investigations said Sateppa shot his colleagues as he was upset with his long duty hours and he had an argument with a senior BSF officer a day earlier. A court of inquiry has been ordered into the incident. In a statement, BSF said, "In an unfortunate incident, 5 BSF troops were injured on March 6, due to fratricide committed by Ct Satteppa SK at HQ 144 Bn Khasa, Amritsar. Satteppa SK was also injured in the incident." **–IANS**

Tight security arrangement for seventh phase of UP polls

#VARANASI (UTTAR PRADESH)

40 companies of police forces and around two and a half thousand policemen have been deployed for the security of polling stations during the last phase of elections in Uttar Pradesh.

Apart from this, around 3,000 home guard personnel have also been deployed. A Satish Ganesh, Police Commissioner, Varanasi said, "40 companies of police forces have been deployed for conducting secure polling. A total of two and a half thousand policemen have been deployed for the security of polling stations. Apart from this, around 3,000 home guard personnel have been deployed."

Polling parties have left for Varanasi ahead of the polls. These parties will reach the polling stations at 6 pm with full preparations so as to make sure that safe and secure elections take place from 7:00 am onwards tomorrow, added Ganesh. Voters have been urged to participate in the elections and vote as much as possible.

A polling officer carrying an EVM a day before the seventh phase of the Uttar Pradesh elections

Women's World Cup

Vastrakar, Rana, Gayakwad lead India to win over Pak

#MOUNT MAUNGANUI

A fighting batting effort by Pooja Vastrakar (67 off 59), Sneh Rana (53 not out off 48) and Smriti Mandhana (52 off 75) followed by a clinical bowling performance by Rajeshwari Gayakwad (4/31) helped India thrash arch-rivals Pakistan by 107 runs in their opening match of the 2022 ICC Women's World Cup at the Bay Oval, here on Sunday.

SPORTS

The win extends India's unbeaten run against Pakistan in Women's ODIs, making it 11 wins out of 11. The massive victory also gave a huge early boost to India's net run rate, putting their first points on board in the ICC Women's Cricket World Cup standings.

Chasing 245 for the win, Pakistan were off to a slow start, scoring just 26/0 at the end of the Powerplay as the Indian team did some tight bowling. The pressure got to the openers as Javeria Khan (11) departed in the 11th over, trying to take the aerial route.

The spinners continued to keep a lid on the scoring, with Deepti Sharma and Sneh Rana picking up prized scalps of skipper Bismah Maroof (15) and Omaima Sohail (5) respectively. Brought back into the attack, Jhulan Goswami got in on the action immediately, dismissing the set batter Sidra Ameen (30) caught behind. Pakistan lost half their side as the veteran pacer struck again in her next over to remove Nida Dar for 4.

India team members celebrate the wicket of Javeria Khan of Pakistan

Pakistan were in a precarious position at 78/5 at the halfway point in their innings and from there on there was no coming back for them. Gayakwad was on song and almost unplayable at times as she had the batters on strings. If there were any hopes of a comeback, she put them to rest with the wickets of Aliya Riaz, Fatima Sana and Sidra Nawaz in an incredible spell of spin bowling, finishing with figures of 4/31 in her 10 overs.

The final wicket partnership of 23 between Diana Baig (24 off 35) and Anam Amin only delayed the inevitable. Meghna returned to pick up the final wicket of Baig as Pakistan were rolled over for 137 in 43 overs. Apart from Gayakwad, the other Indian bowlers -- Jhulan Goswami (2/26), Sneh Rana (2/27), Meghna Singh (1/21) and Deepti Sharma (1/31) also chipped in with wickets.

As for batting, for Rana, it was her maiden ODI half-century while Vastrakar's 67 was only her second ODI half-century. They put on a game-changing 122-run stand for the seventh wicket and propelled India to a competitive score. Vastrakar and Rana also broke records. The duo now holds the record for the highest partnership for the seventh wicket in the women's world cups. **IANS**

HEALTH TIP: Garlic lowers the risk of heart disease and is stocked with important nutrients like vitamin B6, vitamin C, fibre, calcium and manganese

Jaggery has ample fibre, which helps in detoxifying the system and accelerates metabolism

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Monday, March 7, 2022
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More brain power to your li'l champs

Expert recommends superfoods to aid your child's brain development

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The first five years of a child's life are critical for brain development. All aspects of a child's development, including motor (physical), language and communication, social and emotional, and cognitive, are affected by brain development. These abilities have an impact on a child's entire development.

"We all want the best for our kid's brain health and cognitive development. Research says 80 per cent of a child's brain development occurs within the first 1,000 days of life. This includes nutrition in the maternal womb environment, breastmilk that carries foods that help in brain development, and the entire journey of starting first foods until two years of age," says Abhilasha V, HOD & Chief Clinical Nutritionist, Cloudnine group of hospitals, Bengaluru who explains that a child's brain is made of 60 per cent fat which means it is very essential to provide good fats in their diet very early on itself. "Once they start on solids it is important to add essential nutrient-rich foods to boost brain health," she adds.

Here are foods that are highly beneficial for your tiny tots, recommended by the expert:

Seafood: Low mercury fish like Salmon, Sardines, etc can be introduced as early as seven months in an infant's diet as they are rich in DHA- A type of Omega-3 fat that helps in brain cell growth. They also contain iodine and zinc which play an important role in the brain health of infants. Fish consumption has shown good results in children's cognitive skills and IQ scores too. Try including seafood in you child's diet through cutlets, curries, sandwich fillings, wraps, stir-fries, and dips.

Eggs: This is one of the best complete foods that there is. In addition to being protein-rich eggs also carry a good amount of Omega-3 [if well-fortified], choline, Vit B12, and selenium. Two whole eggs provide 294 grams of choline, which covers 100 per cent of choline needs for children ages 1–5+.

In fact, a 2020 review of 54 studies suggested that adding choline to a child's diet could support brain development, protect against nerve cell damage, and improve cognitive functioning. Egg yolk can be introduced as early as seven months and we advise adding the white part later only by one year. You can serve eggs scrambled, poached, as omelettes and in muffins and fried rice.

Greens: Green leafy vegetables contain folate - an important nutrient for the nervous system and brain health. Adequate folate intake has shown great results in cognitive scores. India has varieties of greens available like spinach, fenugreek, drumstick leaves, amaranth and radish leaves, etc. Add these to smoothies, palak paneer, methi rotis, dals, raithas, pasta sauce, soups, etc.

Nuts and seeds: Especially walnuts and chia/flax seeds provide a good amount of good fats namely Omega-3. These ingredients can be introduced in powdered form as early as nine months in babies and can be used routinely once they are toddlers. Additionally, they contain protein and fibre too which makes it an excellent food group to add to kids' diets for overall good health. Powder and use in batters, doughs, laddoos, or for older kids top it on yoghurt, dessert, kheers, and in trail mixes.

Avocadoes: This creamy soft delicious fruit is a rich source of monounsaturated fats which help your child's brain and nervous system development. This fruit is so versatile that it can be used in many recipes. Avocado can be introduced as early as seven months in the solid journey as mashes and continued into toddlerhood. It can be used as sandwich fillings, in desserts, smoothies, milkshakes and salads, etc.

Dairy: Vit B12 plays a vital role in your kid's brain development, so including milk and all its products has a positive effect on a child's mental health. Also, dairy products also provide young children with other essential nutrients such as protein, vitamin D, potassium, calcium, phosphorus, vitamin A, niacin, and riboflavin which aid in overall growth and development. Milkshakes are a great way to add dairy to your child's diet.

Expert's Advice: There are many foods that play an important role in your child's cognitive development especially those rich in iron too. We need to focus on wholesome nutrition for children involving all food groups daily for best results and overall growth and nourishment. Meet a dietician to ensure your little one's 1,000-day journey is a well-planned and nutrient-dense one too!

MIRRORLIGHTS

How physiotherapy helps Covid recovery

Covid-19 mostly affects the respiratory system, causing acute respiratory distress syndrome (ARDS) and pneumonia in severe cases. Many who have the delta variation have also complained of diarrhoea and weariness. "If the patient is in ICU, the physiotherapist treats them from the time the medical parameters stabilise and tries to get them to sit on the side of the bed or even take a few steps while still on a ventilator, with the majority getting to stand before being discharged to a war," explains Dr Sameera Gupta.

She feels that physiotherapists can assist patients in performing simple exercises as well as forcing them to breathe more deeply. "To help patients breathe, leagues have had to use manual techniques," she says.

"The patient would be lying on their side or sitting up in a chair, and the therapist would softly clap on their chest, or put our hands over their chest wall or rib cage, and give them a slight shake as they breathe out. The majority of patients benefit from these strategies for reducing respiratory secretions. This strengthens a patient's respiratory system, preparing them to learn to dress, move, and make cups of tea again," adds Dr Sameera.

–Kayalvizhi Arivalan

MIND, BODY & HEART

All problems solved

Dear Coleen

Over the past couple of years I've found I'm very affected by events in the world. I struggled with Covid, poring over the news for hours at a time and became very low and isolated from people. I couldn't sleep at night because there were so many worries whirring around in my brain. I was starting to do better and adjusting to life, but the latest reports of the war in Ukraine have sent me back into watching the news 24/7 and feeling consumed by the tragedy unfolding. I feel so helpless and, again, I'm worrying incessantly. Do you have any advice?

COLEEN SAYS

You're not alone. I remember when the fear of Covid was at its peak, I was glued to the news and it was really affecting my mental health, so I had to make a concerted effort to switch off the TV, stop scrolling through my phone, and be more disciplined about how much I was taking in. I had to find a balance between staying informed and not increasing my anxiety.

I think many people have found themselves in the same situation, experiencing those overwhelming feelings of fear and helplessness.

So, the first step is to create boundaries around how much news you're consuming, so you don't go down that rabbit hole of anxiety. I also think being practical and doing something (however small) to help will focus your mind and also enable you to feel that you're doing something positive. So that might be taking part in a fundraising event, donating money and clothes, or volunteering at a food bank.

Then I think self-care is really important – taking time out to do things that help you relax and take your mind somewhere else. That could be mediation, listening to podcast or going out for a walk – do whatever works.

—Coleen Nolan, Daily Mirror

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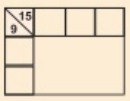
Kakuro

The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.



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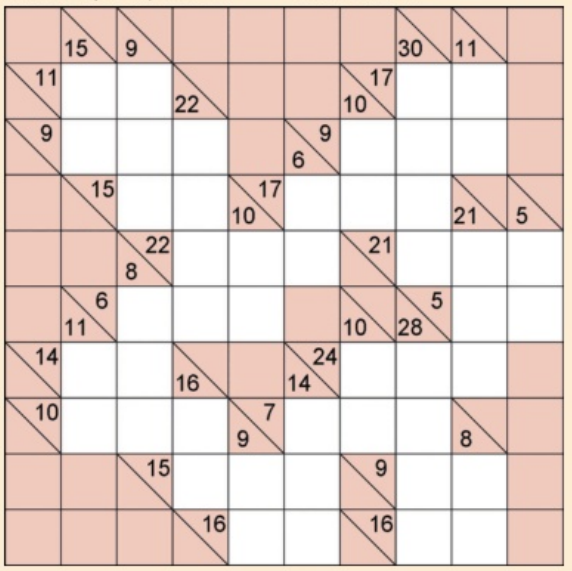

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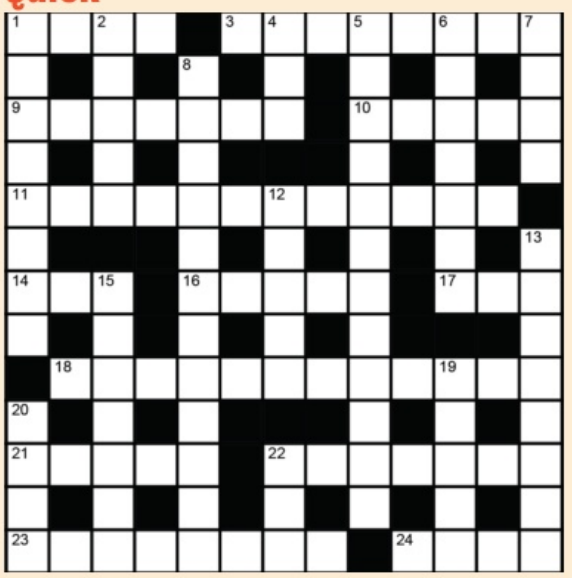


ACROSS

1 Small cut (4)
3 Scottish musical instrument (8)
9 Dynasty which ruled the Kingdom of Mysore from 1399 to 1947 (7)
10 Desktop symbols (5)
11 Infers beyond known knowledge (12)
14 Pink Floyd's ___ You (3)
16 Fortune-telling card (5)
17 S. American city __ Paolo (3)
18 Dominate (4,3,5)
21 Fashion (5)
22 Make clear (7)
23 Very long race (8)
24 Covers roads with asphalt (4)

DOWN

1 Our capital (3,5)
2 Junior trainee (5)
4 Atmosphere? (3)
5 Love of mankind; charity (12)
6 Strength, might or ability (7)
7 Frame (4)
8 In topmost position as of now? (2,3,3,4)
12 Chat show hostess ___ Winfrey (5)
13 Objects, things, substance (8)
15 Of lesser age? (7)
19 City in Nebraska (5)
20 Female reproductive cell of animals (4)
22 Green prefix? (3)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: T EQUALS G

BN SXNF, LR BN SXNF BDUB PNK SXNF XNBDLXT. BDUB LR BDM HMUXLXT NO BGKM SXNFVMWTM.

Linemaro

You are the reason some men fall in love

Mindchow

If you don't get everything you want, think of the things you don't get that you don't want

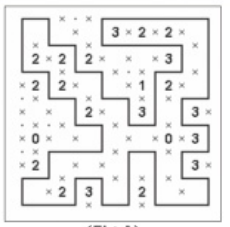
Joke of the day

The best way to make a long story short is to stop listening

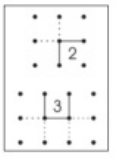
Loop

Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.



(Fig A)



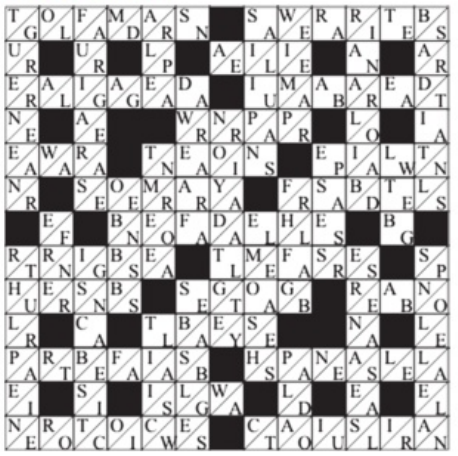
(Fig B) Not Allowed

How to begin:

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)

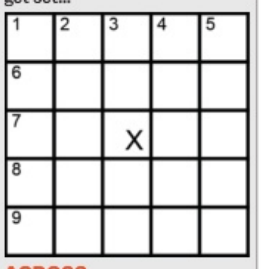
Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...



ACROSS

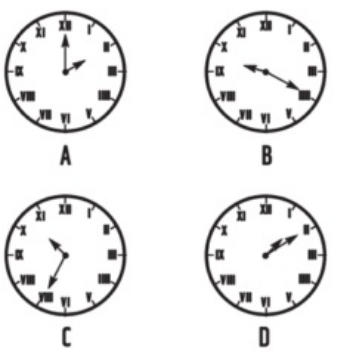
1 Brace; 6 Uli Co; 7 I'm Max; 8 Do ere; 9 Smite

DOWN

1 Comte; 2 I a car; 3 Ox Bum; 4 Li Dee; 5 Miser

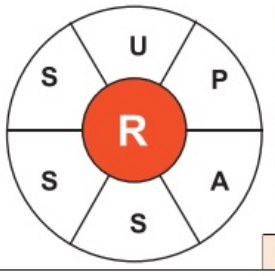
Mensapuzzle

Which clock is the odd one out?



A B C D

Bull's eye



How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

02 Average; 03 Good; 04 Outstanding

SudokuChallenge

	3		8		1		4	
		2	3		5	6		
9								3
	6		5		9		3	
3	4						7	9
	8		4		2		5	
1								7
		7	9		3	8		
	5		7		8		2	

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

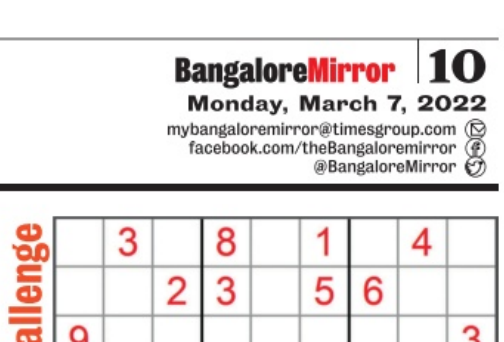
Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.

Easy = 21
4 4 6 7

Medium = 59
3 4 6 7

Hard = 46
3 4 7 3

Hocusfocus



Find at least six differences in details between panels.

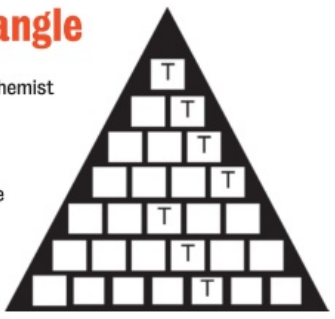
Differences: 1. Light is moved. 2. Nose is smaller. 3. Buttonholes are added. 4. Bricks are lower. 5. Headlight is missing. 6. Shirt is different.

Riddler

Perhaps a way to get past tense? One of five, does that make sense? No emotion and yet lots of feeling, Whether you're healing or stealing or dealing.

Alpha triangle

1 Tonne, abbr.
2 Astatine for the chemist
3 HS exam
4 Condiment
5 Choir members
6 Rib related
7 Near the shoreline



Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE

COMICS

Redeye by Mel Casson

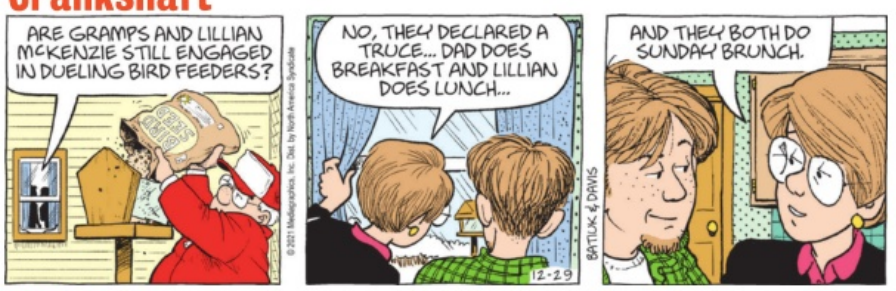
Bizarrotrip

Diamond Lil

Hart of the city

SOME CHARACTERS' STORIES ARE MENTIONED ON THE CARDS.
PLOT ALSO COMES IN THE FORM OF OFFICIAL NOVELS, UPDATES FROM THE COMPANY... BUT I LOVE FANFICTION.
WHAT'S FANFICTION?
HEART, I'M ABOUT TO OPEN YOUR WHOLE WORLD UP.

Crankshaft


ARE GRAMPS AND LILLIAN McKENZIE STILL ENGAGED IN DUELING BIRD FEEDERS?
NO, THEY DECLARED A TRUCE... DAD DOES BREAKFAST AND LILLIAN DOES LUNCH...
AND THEY BOTH DO SUNDAY BRUNCH.
12-29

Mutts

WHAT YOUR STARS SAY TODAY

Aries Mar 21 – Apr 20
Today, you are blessed by the moon and may have good internal strength, enjoy at work and experience romantic moments with your spouse, which may improve domestic harmony. You are likely to implement new ideas in the family business. Your drive for perfection may help implement the plans successfully. Job seekers may find a good job.

Taurus Apr 21 – May 20
You may feel dull and disappointed. Control your arrogance, otherwise you may face losses due to your harsh way of speaking. Love birds must be careful while discussing worthless topics, or they may lead to breakups.

Gemini May 21 – Jun 21
You have peace of mind today. You may plan to invest some capital in the business, which may boost liquidity. Your earnings may boost your bank balance. You may enjoy romantic moments with your spouse, which may boost harmony in family life. Singles may find good matches. Love birds may decide to get married.

Cancer Jun 22 – July 23
You may be very happy as losses will convert into profits. Your boss may be happy and appreciate your work. You may experience some changes at work, like a promotion. You will handle your opponents and hidden enemies with tact. Love birds may take important decisions in terms of marriage with the help of relatives.

Leo Jul 24 – Aug 23
The moon is positive and destiny will help you, today. You may visit a religious place with family or friends. You may plan to donate some amount to a religious place or charity. Property-related deals may be sealed. You may plan an overseas trip related to work. You may also plan for higher education. You are advised to drink plenty of water to avoid any kidney issues.

Virgo Aug 24 – Sep 23
Your moon is negative, so you may become a victim of conspiracies. Avoid being involved in controversies or arguments in your domestic life. Avoid rushing while driving or going on any adventurous tours for now. You may also be attracted by occult. Those related to research, occult, science and geology may perform their best.

Libra Sep 24 – Oct 22
Today, you may be busy at work but you'll be energetic and speed up your projects. You may be able to take quick decisions which will help your business. You may start new innovations in partnership. Investmenting in fixed assets with your business partner is not advisable at the moment.

Scorpio Oct 23 – Nov 22
Today, you are blessed by the moon and may perform well at work. You may expect a promotion or transfer in gains. You may also plan to change your job. Your relationship with yours seniors will be strong. Old health issues will be cured now. You are advised to control your eating habits or it may create stomach issues.

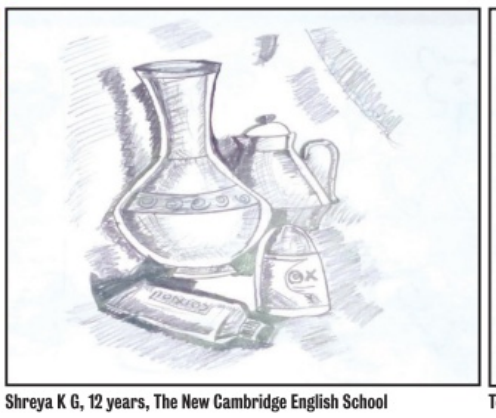
Sagittarius Nov 23 – Dec 22
Today, you are blessed by the moon. Things may be under control and you will enjoy at work. Your focus may be good too. This will reflect in your way of working. Your wisdom will help you to take difficult decisions in your profession. Past investments may yield profits, which may boost your savings. Avoid speculation.

Capricorn Dec 23 – Jan 20
Do you feel dull and dissatisfied? You may really not enjoy your day, today. Your arrogance will be your enemy. This may affect both your professional and domestic life. You may feel a lack of confidence, which may stop you from doing something creative at work too.

Aquarius Jan 21 – Feb 19
Today, you may feel energetic. You may perform efficiently at work and your hard work will pay off and boost your confidence. Property-related disputes with siblings may get resolved now. Your meeting with some influential person may boost your network. Disputes with the partner may also be resolved.

Pisces Feb 20 – Mar 20
Today, you are blessed by the moon, which may make you happy. You are polite to the people around you and may take some difficult decisions in business with the help of family members. You are likely to get a big order with the help of your communication skills, which may boost business. Be careful regarding throat, ears and eyes-realted issues.

KIDZONE



Shreya K G, 12 years, The New Cambridge English School

Tobias Triston, 7 years, Bengaluru

Kidzone, Bangalore Mirror, No.4, KSCCF Compound, Pampa Maha Kavi Road, Chamrajpet, Bengaluru 560 018; Please send hard copies of your artwork in A4 size only.

SOLUTIONS

SOLVE IN 1M
1/20=1/4-1/5,
1/30=1/5-1/6,
1/42=1/6-1/7,
1/56=1/7-1/8,
1/72=1/8-1/9,
1/90=1/9-1/10,
1/110=1/10-1/11
so addition is 1/4-1/11
= (11-4)/44 = 7/44

QUOTE UNCODE
To know, is to know that you know nothing. That is the meaning of true knowledge.

BULL'S EYE
rasp, spar, spur, SURPASS

FAST FIVE

C	A	B	E	R
O	C	U	L	I
M	A	X	I	M
E	R	O	D	E
T	I	M	E	S

STRIKE OUT

N	O	T	I	C	E	C	O	U	S	I	N			
P	R	E	F	A	B	H	A	N	S	E	L			
R	C	L	A	Y	S	A	L							
R	A	O	R	A	T	S	A	G	S	T	R	U	N	S
T	R	I	B	E	L	E	A	S	E	P				
B	E	F	A	L	L	S		B						
R	S	E	R	R	Y	F	A	D	E	S				
E	A	R	T	A	O	S	P	A	W	N				
N	E	W	R	A	P	O	A							
W	A	D	I	Y	A	R	I	C	O	N	S			
U	P	A	L	I	N	A								
T	O	A	M	A	N	A	W	A	I	T	S			

QUICK

M	A	R	A	T	H	O	N		T	A	R	S		
N	I	C	K		B	A	G	P	I	P	E	S		
E	A		B	I		H		R	A					
D	E		F		L		W	H						
E	X	T	R	A	P	O	L	A	T	E	S			
L			R		P		N		S		C			
H	E	Y		T	A	R	O	T		S	A	O		
I		O		H		A		H			N			
R	U	L	E	T	H	E	R	O	O	S	T			
O		N		B		O		M		E				
V	O	G	U	E		E	X	P	L	A	I	N		
Y		O		S		C		Y		H		T		
U		E		S		I	L	A	D		E			
I	S		I	L	A	D		E						

MENSA PUZZLE
C. VIII has taken place of VII.

RIDDLER
Touch; A massage can relieve tension for example; Sight, hearing, taste, smell and smell, taste and ____ All require

SUDOKU

6	5	3	7	1	8	9	2	4
4	2	7	9	6	3	8	1	5
1	9	8	2	5	4	3	6	7
7	8	9	4	3	2	1	5	6
3	4	5	1	8	6	2	7	9
2	6	1	5	7	9	4	3	8
9	1	4	6	2	7	5	8	3
8	7	2	3	4	5	6	9	1
5	3	6	8	9	1	7	4	2

ALPHA TRIANGLE
T, At, Sat, Salt, Altos, Costa l, Coastal.

GO FIGURE
Easy
4 + 6 + 4 + 7 = 21
Medium
6 + 3 x 7 – 4 = 59
Hard
3 + 4 x 7 – 3 = 46

LOOP

KAKURO

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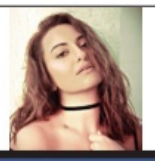

Sona in legal soup

A warrant has been issued against Sonakshi Sinha in a fraud case. The actor has been accused of not attending an event in Delhi, for which she had charged Rs 37 lakh

BangaloreMirror | 12
Monday, March 7, 2022
mybangaloremirror@timesgroup.com
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Entertainment Industry Promotion

Kriti Kulhari says though she became famous overnight, she never let trappings of fame get to her

For the love of acting

Her love for acting and incredible stories has helped her sustain in the entertainment industry for over a decade, believes actor Kirti Kulhari. Kulhari made her debut in 2010 with the comedy "Khichdi: The Movie" but had a breakthrough a year later with Bejoy Nambiar's crime-thriller "Shaitaan".

The actor then went on to garner widespread acclaim with her National Award-winning drama "Pink", which translated into big-budget ensembles like "Uri: The Surgical Strike" and "Mission Mangal". She also ventured into the digital space with the International Emmy Award nominated Prime Video hit series "Four More Shots Please!" in 2019.

"The reason why I am still here after a decade is because I truly love acting. I love being a part of incredible stories. If acting was just another thing, I would not have done it, it is not a job for me. It has helped me grow as a person with every character I have chosen. It has changed my perspective, broken my conditioning, and made me question things around me," Kulhari told a news agency in an interview.

The actor said her journey in films has not only been "fulfilling" but also incredibly enriching.

"I don't think I ever sat down and had a conscious discussion about consent before 'Pink' despite being aware of it. No one talked about it. Same with a show like 'Four More Shots', which is packaged as a fun, comedy series but talks about so many important things.

"Just doing the kind of roles I do has given me a voice, turned me into someone who is becoming more courageous in terms of expressing what I feel. I can't separate acting from my life anymore. It is so beautifully intertwined," she added.

Kulhari, born and brought up in Mumbai, said she didn't grow up dreaming to be an actor. No one in her family was connected to art and appearing in films was "not even an option", she added.

But at the age of 17, Kulhari got a call from the Films Division of India for a woman-oriented film. It was a Sushant Misra movie, which never saw light of the day. Kulhari took that offer "just to see how it goes", she said. According to the 36-year-old, the process of being in front of the camera changed her completely. "It opened my eyes to a world I had not known before. The film got made but it never came out. I wanted to give acting a proper try after that as it felt right, there was a calling from within. I finished my post graduation and asked my parents to give me two years to pursue acting in 2007," she added. The actor began with TV commercials and quickly became a known face in the ad world. But Kulhari didn't want to get complacent, so she enrolled herself in an acting workshop by "Paatal Lok" actor Neeraj Kabi, she said.

> **"The reason why I am still here after a decade is because I truly love acting. I love being a part of incredible stories. Acting has helped me grow as a person**

She followed it up with more workshops with the theatre group Yatri Theatre and filmmaker-playwright Om Katare.

"I knew I wanted to act in films, so for two years, I just learnt the craft. I was serious about acting. The purity of intentions that I had with me when I started out is what has brought me this far. I have never messed with that core. I haven't got lost in the idea of fame or its trapping, to do something for the sake of it. I was always only focused on bettering my skills as an actor, which is how I have come so far," she added.

In 2016, Kulhari found her biggest success in Pink. "I became an overnight actor. Everyone took notice of me. It felt like all the hard work that I had done silently over the years had paid off," she added.

"Pink" gave Kulhari the confidence to headline films, as she signed projects like the Madhur Bhandarkar-directed "Indu Sarkar" and Irrfan Khan-starrer "Blackmail". But both the films didn't do well at the box office. "I experienced a lull after these films. I had to figure where I was heading. Then 'Four More Shots' came my way. I had apprehension, but I was open. That changed the game for me," she added.

—PTI

It is a OTT hattrick for Vidya Balan

In the past two years, the pandemic forced multiple films to opt for a digital platform instead of the ideal theatrical release. One of the first stars to make this successful transition was Vidya Balan, whose Shakuntala Devi had released in July 2020, during the peak phase of the covid lockdown. After winning hosannas for her second OTT release, Sherni, Vidya is now gearing up for her third consecutive OTT release Jalsa.

A source close to the production house associated with Jalsa revealed to ETimes, "Vidya is excited about Jalsa. Jalsa is a continuation of the same phase in Vidya's career and its an all-new trend that she's pioneering - the cause of women-oriented films and lead characters."

Spot the difference

When asked about differences between Alia and Deepika, SLB had this to say

Sanjay Leela Bhansali has worked with talented stars like Deepika Padukone, Ranbir Kapoor, Alia Bhatt, Aishwarya Rai Bachchan, Shah Rukh Khan and other Bollywood celebs. Recently, the filmmaker was quizzed about Deepika and Alia and how they are different from each other.

The director told Spotboye that they both are different people and have different approaches, heights, voices, body language and approaches to cinema. He was all praise for Deepika and called her a beautiful girl and wonderful actor.

Speaking about Alia, he said that she is a very beautiful girl and a wonderful actor. But if he has to do 'Bajirao Mastani' then he will have to have Deepika, and if he's doing Gangubai so he will have to have Alia play it.

He also said that each one has their own power that they exude when they find a role that suits them and one cannot give the wrong role to the wrong actor.

The director also explained that whatever roles he had chosen for Alia and Deepika were based on 'right casting' and not on who could have played it better. Deepika and SLB have worked together on 'Ram Leela', 'Bajirao Mastani' and 'Padmaavat', all of which gained good responses.

—ETimes